

Practice Newsletter

Spring / Summer 2016

GP Practice - Riverside

Riverside Centre For Health

Park Street, Liverpool, L8 6QP

Tel : 0151 295 9239

Fax: 0151 709 0348



Surgery opening times: 8:30am to 6:30pm Monday to Friday

Contactable by telephone: 8:00am to 6:30pm Monday to Friday

OUT OF HOURS... If you require medical intervention when the surgery is closed please call 111 where you will be diverted straight through to Out of Hours.

Practice News!...

To ensure a high standard of delivery was maintained with the ever growing demand on Singled handed GP Practices, Dr Jude Mahadanaarachchi joined Dr Julian Mahadana as a partner in April 2015. Dr Jude helped modernise the practice and has a wealth of knowledge and special Interests in Minor Surgery, Dermatology, Joint Injections, Palliative Care , Education, General Health & Wellbeing.

As of April 1st, 2016 Dr Jude Mahadanaarachchi is ensuring the co-ordination of all appropriate services are delivered to patients based on clinical judgement / guidelines. Dr Julian will no longer hold responsibility for the practice but will continue to be available. Our clinical team has expanded, incorporating female GP's, practice immuniser and will continue to have F2 doctors.

The new name for the Practice will be:

"GP Practice - Riverside"

Should you have any questions or concerns please contact the Practice Manager Lisa Williams, who will be happy to help.

Need help to change your lifestyle?...

Do you want to change to a healthier diet and lose weight, become fitter and more active, stop smoking, drink sensibly or reduce stress and anxiety?

If you answered 'yes' to any of those questions, contact Reception to arrange an appointment for you to see the Health Trainer. The Health Trainer clinic is held at the practice on a Friday morning.



YOUR NAMED ACCOUNTABLE GP FOR THE PRACTICE IS DR JUDE

Patient Participation Group...

If you are interested in being part of the group and want to get involved in shaping the future of your practice please let reception know. We are very interested in our younger patients joining this group as we are very passionate about representing all patients. It would be great to have a wide diverse group of patients representing GP Practice at Riverside.



Examine your options...

To help ease the pressures of A&E please look below to see which service are available for you when you're feeling ill and require medical intervention.

Can I treat myself at home?

Could my Pharmacist help?

Have I considered going to my GP?

Could I call NHS direct 0845 4647?

Could I go to my Out of Hours?

Have I considered going to the Walk in Centre?

Do I need to visit a Minor Injuries Clinic?

Is it an emergency, do I need to go to A&E?



Citizens Advice Bureau...

Did you know you can now be referred to see a CAB representative here at Riverside Centre for Health?...

GPs will be able to refer vulnerable patients for help with the following...

- Fuel Disconnection
- Evictions
- Benefit Suspension or Cut off
- Job Loss
- High Interest Lending (loan sharks and pay day loan providers)
- Bailiff Action
- Complex Debt Issues
- Budgeting and managing a household budget
- Understanding Credit and Financial Services
- Domestic Abuse

Please speak to the GP or other staff for further details...



Did you know?...

The Florrie on Mill Street provides the community with events, projects, activities, interactive learning, youth development and sport activities. Why not visit their website: <http://www.theflorrie.org/> or contact The Florrie on 728 2323 to find out more.

Patient access... We are now adding to our current on line access for patients to include viewing part of your medical record along with the current facility of ordering your prescriptions or booking your appointment. If you are interested in this service please speak to the Doctor or reception staff and we will print your password out which allows you to log on and sign up for the service.

<http://patient.info/patient-access>

If you have any comments/ suggestions about our newsletter please do not hesitate to contact Lisa Williams Practice Manager on Lisa.Williams2@livgp.nhs.uk